

## Books For Adults

***7 Habits of Highly Effective Families*** by Stephen R. Covey

***7 Habits of Highly Effective Teens***

***7 Steps to Emotional Intelligence*** by Patrick Merlevede et. al. (Crown Publishing House, 2001)

***Best Friends, Worst Enemies: Understanding the Social Lives of Children*** by Michael Thompson (2001)

***Born to Buy: The Commercialized Child and the New Consumer Culture*** by Juliet Schor (2004)

***Boyfriends and Other Realities of Adolescence*** by Rosalind Wiseman (2002)

***Building Moral Intelligence: A Parent's Guide to Teaching the Seven Essential Virtues*** by Michelle Borba, 2001

***Bullies, Targets and Witnesses: Helping Children Break the Pain Chain*** by SuEllen and Paula Fried

***Bully, Bullied and Bystander*** by Barbara Colorossa

***Bullying in School, What We Know and What We Can Do*** by Dan Olweus

***Choices: A Teen Woman's Journal for Self-awareness and Personal Planning*** by Mindy Bingham, Judy Edmondson, and Sandy Stryker.

***Cliques: 8 Steps to Help Your Child Survive the Social Jungle*** by Charlene C. Giannetti and Margaret Sagarese (2001)

***Easing the Teasing: Helping Your Child Cope with Name-calling, Ridicule and Verbal Bullying*** by Judy Freedman

***Emotional Intelligence: Why it can matter more than IQ*** by Daniel Goleman (Bantam Books, 1997)

***Fatherneed: Why Father's Care is as Essential as Mother's Care for Your Child*** by Kyle Pruett

***Great Books for Girls (Boys)*** by Kathleen Odean

***Helping the Child Who Doesn't Fit In*** Stephen Nowicki and Marshall Duke

***Liberated Parents, Liberated Children: Guide to a Happier Family*** by Faber and Mazlis

***Mom, They're Teasing Me: Helping Your Child Solve Social Problems*** by Michael Thompson

***My Secret Bully*** by Trudy Ludwig

***New Moon Friendship***, edited by New Moon Girl's Editorial Board (Crown Publishing, 1999)  
***Nobody Left to Hate*** by Eric Aronson

***Nonviolent Communication: A Language of Life*** by Marshall Rosenberg

***Odd Girl Out, The Hidden Culture of Girl Aggression*** by Rachel Simmons (2002)

***Odd Girl Speaks Out*** by Rachel Simmons

***Parent/Teen Breakthrough: The Relationship Approach and End to Battles with Teens***  
Kirshenbaum et al

***Positive Discipline: Help Children Develop Self-discipline, Responsibility and Cooperation*** by Jane Nelson

***Putting Family First: Successful Strategies for Reclaiming Family Life in a Hurry-Up World*** by Bill J. Doherty

***Queen Bees and Wannabes*** by Rosalind Wiseman

***Raise Your Child's Social IQ – Stepping Stones to People Skills for Kids*** Cathi Cohen

***Raising Cain: Protecting the Emotional Life of Boys*** by Daniel Kindlon, et. al. (Ballantine Books, 2000)

***Raising Self-Reliant Children in a Self-Indulgent World*** by Stephen Glenn and Jane Nelson

***Real Boys*** by William Pollack (Owl Books, 1999)  
***Schools Where Everyone Belongs*** by Stan Davis  
***Teaching Your Child the Language of Social Success*** Stephen Nowicki and Marshall Duke  
***The Bully Free Classroom*** by Allan L Beane  
***The Friendship Factor by Kenneth Rubin*** (Penguin Books, 2003)  
***The Mother-Daughter Book Club*** by Shireen Dodson  
***The Shelter of Each Other*** by Mary Pipher  
***The Unwritten Rules of Friendship – Simple Strategies to Help Your Child Make Friends***  
by Natalie Madorsky, Elman and Eileen Kennedy-Moore  
***What Kids Need to Succeed: Proven, Practical Ways to Raise Good Kids*** by Peter Benson  
***Why Doesn't Anybody Like Me A Guide To Raising Socially Confident Kids*** by Hara Estroff  
Marano (William Morrow and Company, Inc., 1998)  
***Women Helping Girls With Choices: A Handbook for Community Service Organizations***  
by Mindy Bingham and Sandy Stryker  
***You Can't Say You Can't Play*** by Vivian Gussin Paley

### **Great Books for Girls:**

***Celebrating Girls: Nurturing and Empowering Our Daughters*** by Virginia Beane Rutter  
***Daughters Magazine by DADS; Dad and Daughters***  
***For All Our Daughters: How Mentoring Helps Girls Master the Art of Growing Up*** by P.  
Echevarria, MSW  
***Great Books for Girls More Than 600 Books to Inspire Today's Girls and Tomorrow's  
Women*** by Kathleen Odean  
***Growing a Girl: Seven Strategies for Raising a Strong, Spirited Daughter*** by B. Mackoff  
***New Moon, The Magazine for Girls and Their Dreams***  
***Reviving Ophelia, Saving the Selves of our Adolescent Girls*** by Mary Pipher  
***Things Will Be Different for My Daughter: from Infancy to Teen Years*** by Mindy Bingham

### **Great Books for Boys:**

***Real Boys: Rescuing our Sons from the Myths of Boyhood*** by William Pollack  
***Real Boys Workbook: The Definitive Guide to Understanding Boys*** by William Pollack  
***The Men They Will Become*** by Eli Newberger  
***Raising Boys: Why Boys are Different and How to Help Them Become Balanced Men*** by  
Steve Biddulph  
***The Courage to Raise Good Men*** by Olga Silverstein and Beth Rashbaum  
***Raising Cain: Protecting the Emotional Life of Boys*** by Thompson and Kindlon  
***I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression*** by  
Terrance Real  
***Speaking of Boys*** by Michael Thompson